1 DAY – 3 COMMUNITY EVENTS

1. Flu Shots Clinic   2. Information booth   3. Community Café

at
Sagamore Village

brought by

Southern Maine
AGENCY
ON AGING
Creating Better Days

October 25, 2022 | 11am – 1pm

Sagamore Village Office

Are you 60 years old or older?

Do you take care of an older adult or an adult with disabilities?

COME TALK TO US AT OUR

Flu Shots Clinic

- Flu shots at no cost;
- Regular dose or
- A dose for individuals 65 and older
- No appointment necessary
- If you have insurance, bring your card

In partnership with:

Northern Light
Home Care & Hospice

Information Booth

Southern Maine Agency on Aging provides information and resources to help you or somebody you care for access extra benefits to pay for your heating, get extra coverage of your prescription drugs, apply for Medicare and MaineCare, and much more!

Community Café

- Come to **the Sagamore Village Office** and enjoy a nutritious Mediterranean inspired meal
- If you are 60 years and over or you are the caregiver of an older adult or adults with disabilities, suggested donation is $8. Everyone else is $10/meal.
- Registration is required to attend the meal. Stop by or call Fayla Sutton at **207-221-8068** to confirm your attendance.
- Please, confirm by **Wednesday, October 19.**

In partnership with: